



# THE ASTROLOGY OF HEALING

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FREE INTRODUCTION ON JULY 20<sup>TH</sup>

# THE ASTROLOGY OF HEALING

## THE CORNERSTONES

Stress: The Cause of Disease

The Elements: Constitutional Type & Temperament

Lunar Consciousness

Astroendocrinology

Course starts 20 September 2014

Because of my age, I will only teach this course once. The rest of my life will be devoted to other projects.

# HISTORY OF MEDICAL ASTROLOGY

- Egypt
- Ancient Greece
  - The Elements
- Europe
  - Decumbiture charts
  - Election charts
  - Humors
  - Hildegard of Bingen
- India, China, and Tibet
  - Relationships between Heaven and Earth
  - Pacification of Malefics
    - Gem therapy
    - Mantras
    - Pujas
  - Yugas

# STRESS: THE CAUSE OF DISEASE

- Causes
- Timing
- Duration
- Types of Stress

# THE KEY SIGNIFICATORS

- Sun, Moon, and Ascendant
- Angles of the Horoscope
- Weight of the Houses
- Patterns
- Holmes-Rahe Stress Test
- How to Individualize a Stress Test to make it Astrologically Relevant

# WINTER BREAK - TWO MONTHS

- Course resumes 20 February 2015
- This is catch up time for those who are behind and holiday time for those who are current with their lessons.

# RETROGRADE PLANETS

- Unfinished, Incomplete, and Aborted Matters
- Relationship to Past Lives
- Impact on the Present
- Changes in Direction of Planets

# RECTIFICATION: FINDING THE CORRECT TIME OF BIRTH

- Progression of Angles
- Transits



# THE FIRST WOUND

- Determining the First Wound
- Interpretation of the Wound
- Addressing the Sensitivities

# COUNSELING

- Ethical Management of the Recognition of “Negativity”
- Practices for the Astrological Consultant
  - Clinical Handling of Vulnerabilities
    - Maintaining the Blueprint of Harmony
    - Surrender of Control
- Client Empowerment
- Boundaries, Confidentiality, and Compassion

# SUMMER BREAK – TWO MONTHS

- Course resumes 20 September 2015
- Note: there were seven lessons in the first year. This was to allow ample time for those who are relatively new to astrology for honing their skills.

# INTRODUCTION TO THE FOUR ELEMENTS

- From Humoral Theories to the Present
  - Phlegmatic, melancholic, choleric, and sanguine
  - Carl G. Jung
  - Myers-Briggs
  - Helen Fisher
  - Ayurvedic
  - Astrological
- Medical Education and Politics

# THE AIR ELEMENT

- The air element is associated with perceptivity, movement, the nervous system and reflexes, as well as empty spaces and tubes—such as the hollow spaces inside veins and intestines. It is light, quick, dry, and cold. This lesson covers the psychological and medical characteristics of the air type and the symptoms of derangement along with basic therapies for bringing the air element into balance.

# THE FIRE ELEMENT

- Fire rules the caustic chemicals used in digestion and through its relationship to light, it is associated with sight and the eyes. It is idealistic and progressive and leads the way into the future through its ability to visualize and arouse passion. When toxic, it is impatient and angry. Fire is hot, dry, and light—and since it is the only element that is warm, it is needed to reduce the coldness of the other elements.

# WINTER BREAK – ONE MONTH

- Course resumes 20 January 2016



# THE WATER ELEMENT

- Water is the exact opposite of fire: it is cold, wet, and heavy. Since it is the only element that is wet, it is used to soften and moisturize everything that is too dry, such as joints and skin as well as inflexible areas of the temperament. Water is retentive and has an excellent memory. Just as fire looks ahead, water looks back. It preserves both memories and traditions and is more partial to antiques than whatever passes for modern.



# THE EARTH ELEMENT

- Earth is the most stable of the elements and it is therefore found in the parts of our bodies that give us strength and structure such as teeth and bones. It is heavy, cold, and dry and finds balance through interaction with the other three elements: air for agility, fire for warmth, and water for moisture. Earth is conservative, practical, and often resistant to new ideas until they are found to be useful or profitable . . . then, their worldly skills manifest magnificently.

# KITCHEN DOCTOR

- The taste of food is a clue to its pharmacology and effect on the body. For instance, foods are sour because they contain acids which, in turn, increase the fire element. . . which can be pacified by foods that increase the water element such as those that are sweet. When fire becomes toxic, it is detoxified by food and herbs that are bitter because the bitter taste is due to the presence of alkaloids. Taste and the Elements is extremely logical and practical.

# THE SWEET TASTE

- This is the most abundant taste in all that we consume. Most staples and treats are sweet.

# THE PUNGENT, SOUR, SALTY TASTES

- The Pungent Taste is mostly found in spices
- The Sour Taste usually predominates in fruit and fermented foods
- The Salty Taste is rare in herbs but abundant in most cuisines

# THE BITTER AND ASTRINGENT TASTES

- Alkaloids
- Tannins

# SUMMER BREAK – TWO MONTHS

- Course resumes 20 September 2016



# INTRODUCTION TO THE ASTROPHARMACOLOGY OF HERBS

- Astropharmacology continues where the lessons on taste and the elements end. Here, medicinal herbs, herbal formulating, and astrological associations with herbs are studied from an historical and modern perspective.
  - Medicinal Herbs
  - Astrological Associations with Herbs
    - Traditional and Modern

# DETOXIFYING HERBS FOR EXCESS FIRE

- Alkaloids
- Demulcents





# HARMONIZING HERBS FOR AIR DERANGEMENT

- Stabilizing
- Moisturizing
- Warming



# BALANCING AND TONIFYING HERBS FOR THE WATER ELEMENT

- Female Tonic Herbs

- Puberty
- Menstruation
- Fertility
- Menopause
- Aging

- Male Tonic Herbs

- Puberty
- Libido
- Sperm Count & Motility
- Anti-aging Herbs

# STIMULATING AND STABILIZING HERBS FOR THE EARTH ELEMENT

- Herbs to Reduce Stagnation of Energy
- Herbs to Relieve Phlegm, Blockages, and Hardening of Tissues
- Herbs to Promote Stamina

# CONFLICT OF THE ELEMENTS: AIR-WATER BALANCE

- Moisture
- Detachment-Attachment
- Independence-Dependence
- Identity & Belonging
- Cognition & Memory
- Aging and Longevity

# CONFLICT OF THE ELEMENTS: FIRE-EARTH BALANCE

- Progressive vs Conservative
- Courage vs Cautiousness
- Energetic vs Stable
- Visionary vs Practical
- Idealism vs Realism
- Catabolic vs Anabolic

# CONFLICT OF THE ELEMENTS: FIRE-WATER BALANCE

- Thermal & Metabolic Balance
  - Hot-Cold
- Receptivity
  - Active vs Passive
- Relationship to Time
  - Futuristic vs Historic (Love of the Past & Tradition)
- Loyalties
  - Concepts vs Commitments

# SUMMER BREAK – TWO MONTHS

- Course resumes 20 August 2017





# CONFLICT OF THE ELEMENTS: AIR-EARTH BALANCE

- The air-earth balance is mainly about flexibility on both the psychological and physical planes, but it is also about tolerance and judgment. Air is agile and openminded whereas Earth is rigid and opinionated, but to survive we need both adaptability and structure and here is where we measure those assets.

# CONFLICT OF THE ELEMENTS: AIR-FIRE BALANCE

- Though Air and Fire are the same polarity, masculine, they can be opposite in the horoscope: Gemini-Sagittarius; Libra-Aries; and Aquarius-Leo. The main distinction comes in how warmth is used as a physical and psychological property; but there are profound differences in social attitude and responses to stimuli that make this duo very interesting and not always as compatible as most textbooks imply.

# CONFLICT OF THE ELEMENTS: WATER-EARTH BALANCE

- Water and Earth are also not always as on the same page with each other even though both are feminine. What differentiates them most is "humidity" and this is because Water is the only element that is wet. For this reason Water is more nurturing and protective; Earth is more resistant to outside influences and more cautious in general. These energies are part of our survival and recovery quotients.

# TO COMPLETE THE FIRST LEVEL

- Diploma Candidates
  - Term Paper, 25-40 pages
    - Suitable for Posting Online
      - Students should write an original paper based on the course material.
      - The style should be comparable to what is required in undergraduate programs.
      - All material that is not 100% original should be carefully identified with credit given to the source.
        - This includes:
          - Quotation marks
          - Footnotes
          - Bibliography
          - Online reference material should include the date of the download
    - The papers will be published on the Astrology of Healing web site with the student's name, bio, and, if desired, contact information.
    - This tells the world that you have successfully met the requirements of the first level. In my mind, this accomplishment is about the equivalent of a B.Sc. in Medical Astrology from a university.

# THREE-MONTH BREAK

- The break is to give those who are writing term papers extra time to work on their papers.
- It will also allow those who have fallen behind a little time to catch up.
- It will allow people who have been absorbed in their studies to spend a bit of time with friends and family, read, travel, rest and regenerate, whatever one wishes.

# COMPLETION OF LEVEL ONE

- 20 February 2018
- Beginning of Level Two Courses



# THE MOON

- Memory & Form
- Conditioned Consciousness
- Action & Reaction

# LUNAR PATTERNS

- The Inner Child
- Evolution of Lunar Aspects





# MID-LIFE TUNE UP PROGRAM

- The Concept
- Application to the Earth Element
  - Stamina
  - Flexibility
  - Stagnation of Energy
- Psychospiritual Issues
  - Survival
  - Trust
  - Control
  - Letting Go

# ADRENAL EXHAUSTION

- Environmental Sensitivity
- Deeper Study of the Relationship between Air and Earth
  - Fight or Flight
  - Adrenal-Thyroid Axis
- Systemic Infection
- Recovery from Trauma
- Herbs
  - Adaptogens
  - Antioxidants

# SUMMER BREAK – THREE MONTHS

- Course resumes 20 September 2018



# THERAPIES FOR THE WATER ELEMENT

- Sexual Identity and Development
- Lymphatic System
- Libido, Mating, and Fertility
- Conscious Conception
- Puberty and Menopause
- Longevity
- Energies
  - Bonding
  - Security
  - Nurturing
  - Protecting
  - Preserving

# SEXUALLY TRANSMITTED DISEASES

- Chlamydia
- Gonorrhea & Syphilis
- AIDS
- Lyme Disease

# THERAPIES FOR THE FIRE ELEMENT

- Detoxification
- Metabolic Stimulation
- Finding One's Bliss
  - Enthusiasm
  - Spontaneity
  - Focus
  - Action
- Emotional Issues
  - Anger
  - Impatience
  - Dealing with Obstacles & Delays
  - Confidence
  - Leadership & Support
  - Courage & Sacrifice

# WINTER BREAK – ONE MONTH

- Course resumes 20 January 2019



# THERAPIES FOR THE AIR ELEMENT

- The Nervous System
- Ducts, Channels, and Cavities
  - Blood vessels, sinuses, lungs (and more)
- Spasms & Paralysis
- Memory
- Premature Aging



# TAKING A MEDICAL HISTORY

- To support everyone in our small circle, I have developed a very comprehensive patient intake questionnaire. It has always been in hard copy form so as to facilitate research by myself and future generations of astrologers. The booklet is 56 pages.
- This lesson will explain why there is a little redundancy in the questions as well as what the answers mean (and why the questions were asked.)
- It will also familiarize those who wish to do research with the nature of the data that I have collected over the last 40+ years.
- Those qualified to do research can contact me about the warehouse of data I have and what the ethical considerations are for accessing the data.

# MAJOR BREAK

- Course resumes 20 September 2019
- This allows those who are writing a thesis to work on their projects.

# LEVEL TWO COMPLETION

- Equivalent to master's degree from an accredited university. One learned to think as an astrologer as a result of the Level One studies. In Level Two, the emphasis was on applying the knowledge, not merely theoretically, but also practically.
- Honors students can write a thesis of 80-120 pages. The subject should be within the scope of the student's personal expertise. There is an additional charge for overseeing the work since most papers will require some amount of peer review and editing. However, the thesis can be published with a proper acknowledgment and the student can market the thesis as a book.
- There are only nine lessons in this batch so the total course cost for Level Two is \$1350, plus \$750 for optional thesis support. This includes a second diploma and posting of the status on the course web site.

# LEVEL THREE

- This stage is my personal favorite.
- The first level of the course was mostly nuts and bolts and sort of an equivalent to a B.Sc. degree
- The second level was practical and more like an internship in a clinic but still somewhat more objective than subjective. The goal was to develop the skills needed by an astrological counselor specializing in medical astrology.
- Level Three could be compared to a divinity degree, but it is actually more esoteric, let's say shamanic, meaning that one has to become comfortable with the terrain of the unconscious. The ultimate duty of any astrologer is to assist people in a way that encourages them to live as souls.

# THE SUBCONSCIOUS SELF

- Darkness & Light
- Feeling & Thinking
- Subjectivity & Objectivity
- The Body-Mind Connection
- The Divine Mother
- Calibration of Divine Intent

# FATE: KARMA VS DESTINY

- The Subconscious
  - Lunar Issues
- The Soul
  - Spiritual Purpose
  - The ASC & MC

# THE DWELLER ON THE THRESHOLD

- Miasms of the Moon
  - The Views that Obscure
  - Dissolving the Views that Obscure
  - Opening the Window to What Is

# WINTER BREAK – TWO MONTHS

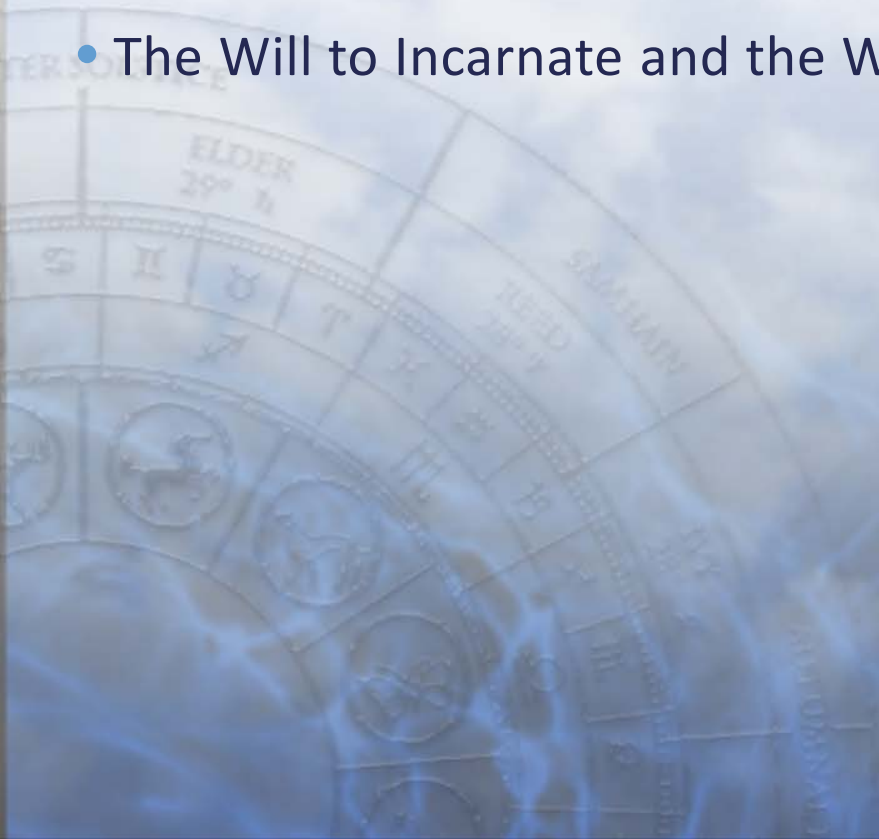
- Course resumes 20 February 2020





# ASTROENDOCRINOLOGY

- First Chakra
- The Will to Incarnate and the Will to Survive



# SECOND CHAKRA

- Dualism and the Beginning of Objectivity
- The Creative Force



# THIRD CHAKRA

- The Cauldron





# THE THIRD EYE AND CROWN CHAKRAS

- I hope to offer this course live!



# COSTS & DURATION

- Schedule: 2014-2020
- Cost
  - Diploma candidates: \$150 per lesson
  - Auditors: \$50 per lesson
  - Term Paper, end of Level One plus Diploma, \$150
  - Thesis oversight, end of Level Two, honors students only, \$750
  - Dissertation guidance, \$1500
- Starts 20 September 2014

# LEVEL ONE ENDS 20 FEBRUARY 2018

- Last Lesson in Level One is 20 November 2017. There are 27 Lessons in this part plus a term paper, due by 20 January 2018. The total for this part is \$4200. The term paper is required.
- Level Two has nine lessons and runs from 20 February 2018 with the last lesson being one year later. Then, there is a break for those who are writing an honors thesis. So, it is \$1350 plus \$750 for guiding those who write a thesis. The thesis should be 80-120 pages and the fee will be shared if there are multiple advisors for the project.
- Level Three starts on 20 September 2019 and the last course is in June 2020. There are eight lessons, so the total is \$1200. Those who wish to write a dissertation may take up to a year to complete their work. The cost for guidance will be \$1500, and, again, will be shared if there are additional committee members. The length should be approximately 200 pages.